CAREER PLANNING – CAREER DEVELOPMENT IN SCIENCE AND RESEARCH FOR FEMALE POST DOCS

Within the frame of the equality measures for early-stage female researchers, you, as a female post doc can use a peer mentoring group. Here you can extend your interdisciplinary network together with other early-stage researchers and clarify questions regarding career development and positioning within the scientific community.
If you are interested please contact Helga Rudack directly (tel.: 23726, E-Mail: helga.rudack@rub.de). The groups are arranged individually and in accordance with the needs of the participants.
Another offer that is part of the equality measures is an individual career coaching. Please get in touch with the contact persons of the collaborative research centres. We will then find the coach that suits your requirements.

INFORMATION AND REGISTRATION
Contact: Helga Rudack IFB,
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Website: http://www.uv.ruhr-uni-bochum.de/ifb/gender-sfbs/index.html

CAREER DEVELOPMENT
FOR FEMALE EARLY-STAGE RESEARCHERS IN COLLABORATIVE RESEARCH CENTRES, RESEARCH TRAINING GROUPS AND SCHOOLS
With the career development series, the participating collaborative research centres, research training groups and schools offer a programme which is especially designed for academic carriers and for female early-stage researchers. It is the aim of this offer to initiate not only an expansion of generic, carrier-related key competences, but also to foster interdisciplinary exchange and networking between female scientists, beyond the boundaries of their original disciplines. The joint conceptualization and implementation of the equality measures promotes a diverse exchange and offers an excellent basis for the creation of a network of female scientists.

LECTURE: „WOMEN COMMUNICATE DIFFERENTLY“ (SEMINAR LANGUAGE GERMAN)

Target group: Female doctoral students/postdocs/early-stage researchers
Do women actually talk more than men? Are we rather speaking in conjunctive and conditional forms and is it so that we would, may, should, could, rather than make clear statements?
Not all women behave identically, there are various communication types. At the same time, it is important to know what other people expect of us and how they interpret our spoken and body language. So that we can convince others and reach our goals!
In an entertaining talk, the communication expert and management trainer Susanne Westphal shows us what women are especially good at and how we can develop further. How we can strengthen our effect on others and convey our contents in a clearly-laid out manner.

Lecturer: Susanne Westphal
Date: 12.09.2013, 17:30 h
Registration deadline: 05.09.13

WORKSHOP: STRATEGIC NETWORK ANALYSIS – CAREERS ARE MADE IN NETWORKS (SEMINAR LANGUAGE GERMAN)

Target group: Female doctoral students/postdocs/early-stage researchers
In many cases, the focus is on the professional skills as decisive factors for finding the right job and the best placement. This is correct, but sometimes it is not enough. For only a part of all positions is advertised and many jobs are created through individual initiatives, third-party fund projects or the art of being „accidentally“ at the right place the right time, for example if during an informal talk at an expert conference suddenly a promising idea is born... Thus, apart from target-oriented research activities, the competence to establish effective strategic networks in communities is another key competence for successful careers in science and in the economy. Within this training, you will have the possibility to analyze and optimize your networking activities systematically for your own career.

Lecturer: Jasmin Döhling-Wölm
Date: 14/15.11.2013, 09:00 h - 17:00 h
Registration Deadline: 21.10.13

WORKSHOP: COMMUNICATE ACCORDING TO YOUR OWN STRENGTHS. PROFESSIONAL POSITIONING FOR INTROVERTS AND EXTROVERTS (SEMINARSPRACHE ENGLISCH)

Target group: Female doctoral students/postdocs/early-stage researchers
Everybody has a picture of introvert and extrovert properties, but how do these peculiarities affect personal interaction and the individual needs of each person?
This workshop deals with these differences and is unique in its design. It supports the participants in identifying their own personal strengths and virtues as intro- vs. extroverts. It helps to tackle the specific challenges which are linked to their type of personality and to act accordingly in professional situations.

Lecturer: Dr. Sylvia Löhken
Date: 16.12.2013, 09:30 h - 17.00 h
Registration deadline: 25.11.13