BE INTRO AND EXTROVERTS

ANOTHER “LITTLE DIFFERENCE” – AND ITS EFFECT ON THE PROFESSIONAL LIFE (Seminar Language English)

Target group: Early stage researchers in collaborative research centres and research training groups

Do you know if you are an intro or extrovert? And do you know what this “little difference” means for you and for others? Personality psychologists deem it to be nearly as important as the difference between the sexes. Dr. Sylvia Löhken will offer you an access to the characteristics of introverts and extroverts. You will simultaneously learn to assess yourself and others from this new point of view. Standardized communication following a pattern belongs to the past. Find out how to tailor your exchange with others – just as it suits your strengths and needs. In a way that you can adapt to others, even if they are wired differently than you are: no matter if it is the introverted superior or the extroverted employee, the introverted administrative staff, or the extroverted research assistant.

Lecturer: Dr. Sylvia Löhken
Date: 15.10.2013, 17:00 - 18:30
Registration deadline: 08.10.13

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